Diman Physical Education

What to Wear:
- Running Sneakers
- Supportive Sneakers
- Court Sneakers
- Long Sleeve Tees
- Hooded Sweatshirts
- Crew Neck T-Shirts
- Hats (Outdoors Only)
- Zippered Sweatshirts
- Athletic Shorts (School Length)
- Sunglasses (Outdoor Only)
- Sweatpants
- Socks (always)

What NOT to Wear:
- Dresses
- Scoop Neck T-Shirt
- V Neck T-Shirts
- Spaghetti Straps
- Button Down Shirts
- Tank Tops
- Jean Shorts
- Spandex Shorts
- Cargo Shorts
- Short Shorts
- Jeans
- Yoga Pants
- Pants/Shorts off the butt
- Non Supportive Sneakers
- Sandals
- Boots
- Shoes
- Untied/Loose Sneakers
- Work Boots