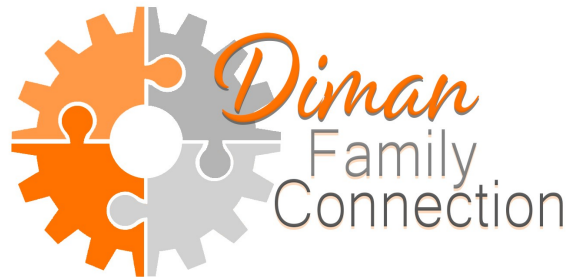


Social Emotional Wellness

Sexting Education and Prevention for Youth



Welcome back to our new Social Emotional Wellness newsletter, brought to you by Diman Family Connection!

In each newsletter we hope to highlight a hot topic to help support you with common challenges for students and families.

Visit the [Diman Family Connection website](#) for more information on Diman, community resources, parent trainings, and various additional supports!

“SEXTING” IS SERIOUS!

With electronics being so accessible to youth today, sexting is a huge concern in today’s society. “Sexting” is using digital technology to send, receive, and/or share sexual messages, photos, or videos. This can be done through text messages, social media postings, and more. There can be very serious legal, mental, emotional, and overall negative future consequences for sexting, especially for our young people. It’s important for everyone to educate themselves on the facts of sexting!

- **[The Dangers of Sexting: What Parents Need to Know](#)** – Learn more about major concerns of sexting, its connection to pornography, and essential parent advice
- **[Learn about Sexting](#)** - Get insight on the reasons why young people may get involved in sexting, what the law says and the impact it can have on their digital wellbeing
- **[Teen Sexting: What Parents Need to Know](#)** - 1 in 4 teens receive sexually explicit texts; An expert explains what you can do to encourage your teens to be smart with their smartphones
- **[What Parents Need to Know about Sexting](#)** – More information about how and when to talk to your kids about sexting
- **[11 Facts about Sexting](#)** – Learn more statistics about youth and sexting, as well as how to get involved in the movement to take action
- **[Sexting and Impacts on Young People](#)** – Read more about the specific risks and consequences for youth
- **[Sexting: Talking with Teenagers](#)** – Teenagers who understand the risks are able to make more responsible choices; Help protect teenagers by talking about responsible decisions, healthy relationships, and consent



Visit the [Diman Direction Facebook Page](#) for information on community events and resources, employment, and so much more!

Please feel free to reach out to School Adjustment Counselor, Michaela Gagne, at mgagne@dimanregional.org with any questions, comments, concerns, or topics you would like to explore!

