

Social Emotional Wellness

Community Resources



Welcome back to our new Social Emotional Wellness newsletter, brought to you by Diman Family Connection! In each newsletter we hope to highlight a hot topic to help support you with common challenges for students and families.

The Greater Fall River area offers many supports for families in our community, and we want to make sure you have quick access at your fingertips! Please see the information below for important resources.

- [Greater Fall River Community Resource video](#) – short video regarding where to access local and state support, as well as helpful apps
- [Greater Fall River Community Resource Guide](#) - up-to-date information on emergency services, counseling services, basic needs, disability services, job training, homelessness support, legal services, and much more (also available in Portuguese and Spanish)
- [Fall River Food Pantries/Soup Kitchens](#) - up-to-date information on local food access for 7 days/week
- [Fuel Assistance for Heat](#) – heat assistance (can also call 1-800-632-8175)
- [Rent or Mortgage Help](#) – housing help
- [Mass 211](#) (also accessed 24/7 by calling 2-1-1) - access to various Massachusetts resources and supports, including food banks, after school care, utility assistance, transportation, etc.
- [The Family Resource Center](#) - single point of entry to access community-based, culturally competent family support services (45 Rock Street, Fall River)
- [Internet and Computer Assistance](#) – help for paying for internet or a computer
- [Behavioral Health Help Line](#) – helps families navigate the behavioral health system and access treatment, including mobile crisis services (can call or text at 833-773-2445)
- [Need to Talk? You Matter](#) – emergency resources, including confidential 24/7 hotline information
- [Updated COVID SNAP Benefits](#) – information regarding upcoming DTA changes, as well as tips on how to get the most from SNAP

Please feel free to reach out to School Adjustment Counselor, Michaela Gagne, at mgagne@dimanregional.org with any questions, comments, concerns, or topics you would like to explore!

Visit the [Diman Family Connection](#) website for more information on Diman, community resources, parent trainings, and various additional supports!



Visit the [Diman Direction Facebook Page](#) for information on community events and resources, employment, and so much more!

